

**GOSPEL: (Mark 9: 2-10)**

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus.

Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah."

He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!"

Suddenly when they looked around, they saw no one with them any more, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

**ST. FAUSTINA NOTED IN HER DIARY (D. 451, 452, 453)**

"Once after Holy Communion, I heard these words: You are Our dwelling place. At that moment, I felt in my soul the presence of the Holy Trinity, the Father, the Son, and the Holy Spirit. I felt that I was the temple of God. I felt I was a child of the Father. I cannot explain all this, but the spirit understands it well. O Infinite Goodness, how low You stoop to Your miserable creature!

If only souls would become recollected, God would speak to them at once, for dissipation drowns out the word of the Lord.

On one occasion, the Lord said to me, Why are you fearful and why do you tremble when you are united to Me? I am displeased when a soul yields to vain terrors. Who will dare to touch you when you are with Me? Most dear to Me is the soul that strongly believes in My goodness and has complete trust in Me. I heap My confidence upon it and give it all it asks".

- During Lent, God wants our hearts to be converted, He wants our hearts to be turned to Him, so that He may be the most important in our lives.
- Who or what do you listen most to? Are you seeking inner silence to hear His words, inspirations?
- This week, try to take time each day to quiet down and listen carefully to His voice. God is talking to you. You are his beloved child!