

DAY 1
THURSDAY - 3 SEPTEMBER 2020
Shrine of Divine Mercy, Krakow-Łagiewniki

SIMPLE GUIDED ADORATION

Adoration of the Blessed Sacrament

HYMN *Godhead here in hiding v. 1, 5 or O Salutaris Hostia*

1 Godhead here in hiding whom I do adore
 Masked by these bare shadows, shape and nothing more.
 See, Lord, at thy service low lies here a heart
 Lost, all lost in wonder at the God thou art.

5 O thou, our reminder of the Crucified,
 Living Bread, the life of us for whom he died,
 Lend this life to me, then; feed and feast my mind,
 There be thou the sweetness man was meant to find.

Or

O salutaris Hostia,	Uni trinoque Domino
Quae caeli pandis ostium:	Sit sempiterna gloria,
Bella premunt hostilia,	Qui vitam sine termino
Da robur, fer auxilium.	Nobis donet in patria. Amen.

Or

O saving Victim, opening wide,
 The gate of heaven to man below!
 Our foes press on from every side;
 Thine aid supply, thy strength bestow.

To Thy great name by endless praise,
 Immortal Godhead, one in Three;
 Oh, grant us endless length of days,
 In our true native land with Thee. Amen

Priest: O Sacrament most Holy, O Sacrament divine, all praise and all thanksgiving be every moment Thine (3x)

Brief Silence

N1 Lord Jesus, we adore you truly present in the Most Blessed Sacrament. We praise and thank you that we can gather here before you. We come to you tonight at the beginning of our Divine Mercy Online Retreat. We want to worship Your Mercy here at the Shrine of Divine Mercy in Łagiewniki.

See, Lord, before You our lowly hearts, drawing near to you from all over the world.... We come from: the UK, France, Spain, Austria, Ireland, Slovenia, the US, Canada, Argentina, Australia, Malaysia, Singapore, Philippines, Cyprus, Afghanistan....

N2 We come to You, O Savior, “like deer thirsting for your love”, we want “to wash the wound of our sins”, we are “exhausted by life”, and wish “to draw strength” (cf. Diary 1747). We have come to You, wishing to rest our hearts and be strengthened by Your Mercy (*retreat theme*).

N2 Jesus, it is You who have called all of us here, to this fount of love, this living spring of mercy (cf. Diary 1747). Here in the Blessed Sacrament Your mercy is concealed. From this throne of mercy Your voice calls out to us:

N3 **“Come to me, all you who labor and are burdened, and I will give you rest”** (Mt. 11:28)
“Come, ye all to Me.” (Diary 1485)

Short pause

N1 Here in this Shrine, Sister Faustina prayed for many years. (Here she went to Mass, confession, evening devotions. Here she said her prayers, night vigils, Holy Hours.) Here, Lord Jesus, she experienced in her heart your mercy, your presence and special graces. Here she saw you, felt you and heard Your voice; here you strengthened her. Here, tonight, in this holy place, *You* also want to *speak* to our hearts, to *strengthen us* with Your Mercy. Yet, in order to hear You, Lord, we need silence. You Yourself spoke through the psalmist:

N3 **“Be still and know that I am God.”** (Ps. 46:11)

Song: **Be Still**, David J. Evans

Verse 1

Be still for the presence of the Lord,
 The Holy One is here
 Come bow before Him now,
 With reverence and fear
 In Him no sin is found
 We stand on holy ground
 Be still for the presence of the Lord,
 The Holy One is here

Verse 2

Be still for the glory of the Lord,
 Is shining all around
 He burns with holy fire,
 With splendor He is crowned
 How awesome is the sight
 Our radiant King of light
 Be still for the glory of the Lord,
 Is shining all around

Verse 3

Be still for the power of the Lord,
 Is moving in this place
 He comes to cleanse and heal,
 To minister His grace
 No work too hard for Him
 In faith receive from Him
 Be still for the power of the Lord
 Is moving in this place
 Be still for the power of the Lord
 Is moving in this place

LYRICS from: <http://www.christianwebresources.co.uk/hymns/hymn/212/>

Short pause

N2 You gaze at us, O Merciful Jesus from this miraculous picture of your divine mercy – and we meet your gaze, You are standing with a hand raised ready to bless us, Your heart is hidden by the two overflowing rays of light, symbol of the infinite streams of grace gushing forth for everyone ... Looking at this Divine Mercy image, Lord, the words from the Gospel today (Lk. 5:1-11) echo in our hearts and take on a new meaning:

N3 **“Put out into deep water.”** (Lk. 5:4)

N2 Lord, You want us to ‘put out into deep water’ - to put out into the deep sea of mercy that is Your Merciful Heart and immerse ourselves in its depths. In stillness and peace, you want us to know from within our hearts and Yours that You are the God of infinite, tender mercy. St. Augustine says: *“You have made us for yourself, O Lord, and our heart is restless until it rests in you.”* Indeed, O Lord, you have made us for yourself, You, who are mercy itself; and our heart is restless until it rests in You— in mercy. Today in a special way, you say to us:

N3 **“Put out into deep water.”** (Lk. 5:4) Enter My heart and rest in the sea of My unfathomable mercy.

Short pause

N1 Jesus! We want to rest in Your Heart, to remain focused on You... yet we find ourselves easily distracted by the many things that are happening around us, in the world and in our lives. We do not know how to concentrate on You. We lose strength, feel powerless, broken and hopeless. We feel useless, abandoned and thrust in the darkness. *“Lord, save us! We are perishing!”* (Mt. 8:25) With St. Faustina we cry out: *O Jesus, mercy! Embrace the whole world and press me to Your Heart ... O Lord, allow my soul to rest in the sea of Your unfathomed mercy* (Diary 869).

Short pause

N1 Lord, your words to St. Faustina console us:

N3 **My daughter, write about My mercy upon anguished souls. I delight in souls that invoke My mercy. On such souls I bestow more graces than they ask for.** (1146)

“[Let] the greatest sinners [put] their trust in Me. They have the right of priority over others to trust in the infinite depth of My mercy. (1146)

“I want to save souls so very much. Dearest secretary, write down that I want to pour My Divine life into human souls and sanctify them, providing they want to accept My grace. The greatest of sinners would become great saints, if only they would trust in My mercy.” (...)” (Diary 1784)

Short pause

N2 O Lord, with St. Augustine we cry out -

“Late have I loved you, Beauty ever ancient, ever new, late have I loved you! You were within me, but I was outside, and it was there that I searched for you. In my unloveliness I plunged into the lovely things which you created. You were with me, but I was not with you. Created things kept me from you; yet if they had not been in you they would not have been at all. You called, you shouted, and you broke through my deafness. You flashed, you shown, and you dispelled my blindness. You breathed your fragrance on me; I drew in breath and now I

pant for you. I have tasted you, now I hunger and thirst for more. You touched me, and I burned for your peace.” (St. Augustine)

Just a brief pause

N1 With St. Faustina we exclaim: *“O God, how good You are, how great Your mercy; You visit me with such great graces – me, the most wretched dust that I am” (Diary 1661). “..I have been straying in the wilds like a prodigal child, yet You never stopped being a good Father for me. Let Your mercy increase in me, for You see how weak I am.” (Diary 1485)*

N2 In your goodness, O Lord, You reply to us:

N3: **“Child, don’t talk of your wretchedness any more, I have forgotten all about it. Listen, child, to what I want to tell you; come up close to My wounds and draw from the fount of life whatsoever your heart may wish for. Drink to the full from the fount of life, and you shall not founder on the journey. Look into the light of My mercy, and do not be afraid of the enemies of your salvation. Praise My mercy.” (Diary 1485)**

Song: ONLY A SHADOW

The love, I have for You, my Lord,
Is only a shadow of Your love for me;
Only a shadow of Your love for me,
Your deep, abiding love.

My life is in Your hands,
My life is in Your hands.
My love for You will grow, my God;
Your light in me will shine.

N1 With St. Faustina we pray: *O [Jesus] my Saviour, hide me completely in the depths of Your Heart and cover me up with Your rays to keep me away from all that is not You. I ask You, O Jesus, let those two rays which came out of Your most merciful Heart continually empower my soul (Diary 465). Jesus, hide me in Your Heart (Diary 162).*

Time for silent adoration

Closing Song: Jesus, I trust in You! (Tune: H. Kowalski)
End of Silent Adoration



Take Home Spiritual Truths

1. God wants me to come near Him. “Do not fear.” He is calling me.

Suggested texts: Mt. 11:28; Mk. 6:50; Jn 7:37; Diary 1485

Also: Is. 55: 1; Is 43: 1; Is 43: 13-14

2. God wants me to make time for silence in my life - to hear His voice

Suggested text: Ps. 46, esp. verse 11; Mk. 6: 31; Is. 30:15

Also passages on silence in: Diary 115, 552, 887

3. God wants to pour his mercy upon me. He wants to save and sanctify me.

He wants me to be with Him, be close to Him, to live in Him now and forever.

Suggested: Jn. 10:10; Jn. 10: 27-28; Jn 14: 2-3; Jn. 17: 24-26; Diary 1784, 1485

Also: Ezek. 33: 11

4. What other truths did your heart see during this time of prayer?

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For reflection:

5. What prevents me from believing that God accepts me, that He is calling me and wants me close to Him and likes talking to me?

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6. Eph. 6: 16-17: *In all circumstances, hold faith as a shield, to quench all the arrows of the evil one. And take the helmet of salvation and sword of the Spirit, which is the word of God.*

During my private prayer over Scripture (or the Diary), was there a word that touched my heart and strengthened my faith in God who loves me?

What word/s of Scripture can I use as a sword and shield to quench all the arrows that fly at me seeking to weaken and even destroy my faith in the goodness and mercy of God for me?

How do I resolve to act when I notice the enemies of my soul attacking my faith in my God who loves me?

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7. How can I rearrange my day to give God an important place in my daily schedule?

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