

**DAY 4 - SUNDAY - 6 SEPT 2020****Thanksgiving Adoration**

## Exposition of the Blessed Sacrament

- I. Guided thanksgiving adoration with brief moments of silence  
(Priest: Fr Jason            N1: SrTeresa;            N2: Fr Jason)
  - II. Chaplet of Divine Mercy (in thanksgiving and petition....)
  - III. Act of Entrustment of Oneself to the Merciful God through Mary
- Silent Adoration continues at the Shrine until 15:00

Our ONLINE RETREAT ends at the conclusion of this Thanksgiving Adoration (est. end 13:30)



## Exposition of the Blessed Sacrament - After Mass

## HYMN

O salutaris Hostia,	Uni trinoque Domino
Quae caeli pandis ostium:	Sit sempiterna gloria,
Bella premunt hostilia,	Qui vitam sine termino
Da robur, fer auxilium.	Nobis donet in patria. Amen.

**Priest:** O Sacrament most Holy, O Sacrament divine, all praise and all thanksgiving be every moment Thine (3x) ...

## GUIDED THANKSGIVING ADORATION

## Pause

N1: *O, Holy Host, fountain of sweetness divine,  
Bringing strength unto my soul,  
Almighty made flesh of the Virgin sublime,  
In secret You come into my heart,  
The wall of senses cannot hold You at all.* (St. Faustina, Diary 1233)

+ *Welcome, O hidden Love, life of my soul. Welcome, O Jesus under the meagre guise of bread.  
Welcome, O my sweetest Mercy, You pour Yourself out upon all souls (...).* (Diary 1733)

N2: My heart overflows with noble words, To the King I must speak the song I have made;  
My tongue as nimble as the pen of a scribe (...) Listen, O daughter, give ear to my words:  
forget your own people and your father's house. So will the king desire your beauty: he is  
your Lord, pay homage to him. (Ps 45)

N1 I worship You, O Lord and Creator hidden in the Blessed Sacrament. I worship You for all the works of Your hands, in which so much wisdom, goodness, and mercy is made manifest. O Lord, You have filled the world with so much beauty, which tells me of Your own beauty, although it is barely a poor reflection of You, O infinite Beauty. And even though You have hidden and concealed Your beauty, my eyes enlightened by faith reach out to You, and my soul recognises its Creator, its supreme good, and my heart is sinking in prayers of praise (Diary 1692)

Pause

Song (Sister leads) (Based on Ps 118, Tune: J. Koral - in OLM songbook, "Do Twego Miłosierdzia")

Thank the Lord for His goodness, thank the Lord of the lords  
Thank the God of the gods, alleluia, alleluia! /R

*R. Because His mercy endures forever,  
give thanks to Our God for all His goodness*

He alone worked great wonders, and His wisdom made the skies,  
He fixed the earth, on the waters, alleluia, alleluia! /R

He who made the great lights, the sun to rule the day  
The moon and stars of the night, alleluia, alleluia! /R

N2 O my Creator and Lord, Your goodness has emboldened me to talk to You. Your mercy has made the chasm separating the Creator from the creature vanish. Talking to You, O Lord, is my heart's bliss; in You I have found everything that my heart could ever wish for. Here Your light is illuminating my mind and making it capable of knowing You more and more deeply. Here streams of grace are flowing down into my heart; here my soul is drawing eternal life. (1692)

Pause

N1 O my Creator and Lord, over and above these gifts You are also giving me Yourself and uniting intimately with Your lowly creature. Our hearts understand each other with no need to select words; and no one can interrupt our conversation. What I say to you, O Jesus, is our secret no other creatures shall ever know, neither will the angels dare to ask. There are the secret acts of forgiveness, known only to Jesus and myself, and that is the mystery of His mercy, which envelops each and every soul. For this unheard-of goodness I worship You, O my Creator and Lord, with all my heart and soul. And even though my worship is so miserable and small, yet I am not worried, for I know that You know that it's sincere, though so very inept... (1692)

N2 Lord Jesus, we want to pour out our hearts at Your feet, like a fragrance in gratitude for all the graces and benefits You are constantly sending down on us, so many that we wouldn't be able to count them even if we should want to. We can only remember these graces (cf Diary 1489) which You have lavished upon me during this retreat...

At this time let us pause in silence and personally thank the Lord for the specific graces that we have received...

A moment of silence to speak with Jesus to thank Him for all graces we have received during this time of retreat....

N1 Eternal love, pure flame, burn in my heart continuously and divinize my whole being according to Your eternal pleasure, by which You have called me into being and summoned me to participate in Your eternal bliss. O merciful Lord, You have lavished these gifts on me merely out of mercy; seeing it all given me gratuitously, in deepest humility I worship Your unfathomable goodness. Lord, my heart is astounded that You, the supreme Lord, need no-one, yet out of pure love You stoop down so low to us. I'll never stop being amazed that the Lord enters on such an intimacy with His creature; again it's His infinite goodness (...). (Diary 1523)

Priest: invites all to pray the Chaplet of Divine Mercy

\*In thanksgiving for all the graces received by all the participants, for all the intentions they hold in their hearts, for Canon Jason Jones and all the flock entrusted to his care at the Menevia Diocesan Shrine of Divine Mercy in Wales, for the Sisters of Our Lady of Mercy, especially the community in Krakow who are ill, struck by the virus, for the whole world, for peace, .....

CHAPLET OF DIVINE MERCY

— prayed as usual. Priest leads.

Song (Father leads) Jesus, I trust in You

Act of Entrustment of Oneself to the Merciful God through Mary (by Sr. Miriam Janiec, OLM)

God, Father of Mercy, my heavenly Father, You created me out of love and ceaselessly hold me up in existence. I praise You for the gift of life that You have given me. Today, I want to place my life into Your hands, so that You may always carry me next to Your fatherly Heart and hold me up in your mercy. From today, I want to take the road of trust in You, so that the plan that You have for my life, a plan full of mercy may be fulfilled within me. Father, accomplish what You want in me, just as you have done so in the life of Mary, Your beloved Daughter. Mold me as You please, that I may become like unto Her who is all beautiful and wholly infused by Your fatherly mercy.

Merciful Jesus, my Saviour, moved by mercy for me a sinner, You came down to earth to save me. For my sake You allowed Yourself to be nailed to the cross, for my sake You died, and for my sake

You destroyed death. I thank You for the new life that You give me. To You I entrust myself, so that the rays of mercy flowing from Your pierced Side may embrace, penetrate and heal me. In Your rays I want to discover the precious gift of the holy sacraments: Baptism, Eucharist, and Confession. Jesus, I promise You that throughout all my life I will draw from these fountains of mercy. With the help of Mary, Your Mother and mine, I promise to remain faithfully in You and to listen to Your word. I want to keep my gaze fixed on Your life so that I may become ever more like unto You. Jesus, I want to be Your disciple, to be merciful like You.

Holy Spirit, my Consoler and Defender, You are in me and beside me at every moment of my life. I praise You because You guide me, You prompt me with good inspirations and You sanctify me. Spirit of Love and Mercy, You who fill my heart with trust and who strengthen it during every spiritual battle and trial. Today, through Mary, Your immaculate Spouse, I entrust myself to You and submit myself to Your guidance. Fill me with Your presence and Your gifts! From today, I belong to Mary and live in Her. I believe, that when You see Her in me, You will come to me with joy and live in my heart. I want to live always in Your presence, O Holy Spirit.

Mary, Mother of Mercy, You love me and guide me through my life. I give You thanks just because You are. Today, aware of the vastness of the Divine Mercy that I experience in my life, in the presence of my holy patrons, my Guardian Angel, all the Angels and Saints, I am consciously making this act of entrustment of myself to the merciful God through You, who are His Beloved Daughter, Mother and Spouse. Today, into Your motherly hands I place once again my whole life, my past, present and future. To You I entrust my soul and body, my mind and will, my heart. Everything that I have, I entrust to You. From now on, everything that I will do in my life, I want to do with You, in You, through You and for You. I know that You keep nothing for yourself, that You surrender everything into God's hands. Today, through You, O Mary, I want to give myself to Him anew, for He alone is my Way, my Truth and my Life; He alone is my Love and my Mercy.

God, my Father! Jesus, my Friend and Spouse! Holy Spirit, my Comforter and Guide! O my Three! My All! My One and Only Merciful God! I am all Yours through Mary! I am Your child and servant. Send me there, where[ever] You may wish, make use of me in the mission of evangelisation and proclamation of the truth about Your Divine Mercy. Amen.

***Jesus, I trust in You! Mary, to you I entrust myself!***

Song (Father leads)

Misericordias Domini in aeternum cantabo  
(tr. *The mercies of the Lord I will sing forever.*)

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*Quotations from the Diary from the translation of Teresa Baluk-Ulewiczowa © 2020 Congregation of the Sisters of Our Lady of Mercy. Text of the "Act of Entrustment of Oneself to the Merciful God through Mary" by Sr. Miriam Janiec, OLM in her new book "Zawierzyć Miłosierdziu w czasie próby" English translation to be released soon.*