

3pm Hour of Mercy
Saturday 5 th Sept
Memorial of Mother Theresa

I thirst
My daughter help me to save souls

Lord Jesus as we unite ourselves with your agony and passion at this saving hour, we recall your words on your cross and your invitation to help satiate your thirst. We recall merciful Lord another servant of your mercy as we celebrate the memorial of Mother Theresa.

This other chosen daughter of yours spent her life in acts and deeds of mercy and reminds us of your presence in the poorest of the poor.

As we hail your presence here Lord in the most Blessed Sacrament we ask you to help us see and serve you in your distressing disguise of the poor.

You rewarded S t Faustina when she fed the poor beggar at the gate with the revelation that is was unto you that she ministered.

Help us to serve you Lord in our fellow men and women as we now pray the prayer to be transformed into Mercy. We ask you to touch our cold hearts and to open them with mercy and compassion to the least of our brothers and sisters and help quench your thirst of love on the cross.

Prayer to be merciful to others

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbour's souls and come to their rescue.

Help me, that my ears may be merciful, so that I may give heed to my neighbours' needs and not be indifferent to their pains and moanings.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbour, but have a word of comfort and forgiveness for all.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbours and take upon myself the more difficult and toilsome tasks.

Help me, that my feet may be merciful, so that I may hurry to assist my neighbour overcoming my own fatigue and weariness. My true rest is in the service of my neighbour.

Help me, O Lord, that my heart may be merciful so that I myself may feel all the sufferings of my neighbour. I will refuse my heart to no one. I will be sincere even with those who, I know, will abuse my kindness. And I will lock myself up in the most merciful Heart of Jesus. I will bear my own suffering in silence. May Your mercy, O Lord, rest upon me. Amen

**3 o'clock meditation written by: Fr. Jason Jones, priest from the Diocese of Menevia, Wales, UK and Rector of the Menevia Diocesan Shrine of Divine Mercy*